

1. KEEP CLIMBING; TODAY'S MOUNTAIN IS TOMORROW'S BUMP IN THE ROAD 2. DO WHAT YOU CAN AND BE DONE 3. SAY YOUR BIG DREAMS OUT LOUD 4. DO POSITIVE 5. WHILE YOU'RE WAITING FOR THE RIGHT THING, DO SOMETHING 6. LET IT GO 7. WHEN IT FEELS IMPOSSIBLE, IT'S TIME TO FIND ANOTHER WAY 8. FIND WHAT LIGHTS YOU UP 9. DO THE WORK, FEEL BETTER 10. YOUR GUT IS RIGHT 11. PRETEND SOMEDAY EQUALS NEVER 12. STRENGTH AND GROWTH ONLY COME WHEN YOU LET YOURSELF GET UNCOMFORTABLE 13. EVERYONE STARTS AT ZERO 14. ONE DAY AT A TIME, FOLKS 15. TIME IS NOT A RENEWABLE RESOURCE 16. GET OUTSIDE 17. THIS IS JUST A SEASON 18. LOVE WHO YOU ARE TODAY 19. WHEN YOU HIT A WALL, CLIMB OVER IT 20. "MAMA, TAKE A DEEP BREATH" 21. NOBODY IS LOOKING AT YOU 22. PRACTICE MAKES BETTER 23. DO IT RIGHT THE FIRST TIME 24. TELL YOURSELF A NEW STORY 25. SHOW UP EVERY SINGLE DAY 26. FOCUS ON THE BIG PICTURE 27. IF YOU FALL OUT, GET BACK IN 28. YOU JUST CAN'T PANIC 29. YOU ARE NOT STUCK 30. SHARE YOUR WORK 31. TRIM THE SUCKERS 32. ENJOY THE EVERYDAY 33. SUPPORT THE MAKERS 34. SWEAT IT OUT 35. WHAT OTHER PEOPLE ARE DOING HAS NOTHING TO DO WITH WHAT YOU ARE DOING 36. GET SERIOUS OR GET OVER IT 37. DON'T DO SOMETHING JUST BECAUSE THAT'S HOW IT'S ALWAYS BEEN DONE 38. YOU'RE NOT GOING TO RUN OUT OF IDEAS 39. BE HERE NOW 40. DON'T FIGHT HUNGRY, DRUNK, TIRED OR BORED 41. GIVE IT A REST 42. CHOOSE YOUR ACTIONS 43. "I CAN DO BETTER THAN DEFAULT" 44. MAKING BREEDS MAKING 45. BUILD UP, DON'T BREAK DOWN 46. RESPECT THE EBB AND FLOW 47. EXPERIMENT! WORST CASE YOU FAIL & BEST CASE YOU FLY 48. FIND YOUR STEP ONE 49. THE ANSWER NEEDS TO BE "ABSOLUTELY, YES" OR "NO, THANKS" 50. CELEBRATE YOUR WINS 51. YOU'LL GROW INTO IT 52. DO YOUR BEST 53. COMMIT OR QUIT 54. MAKE IT WORK FOR RIGHT NOW 55. THINK OF WHAT YOU CAN DO 56. LOVE IS LOVE 57. FOCUS 58. ASK THE QUESTIONS 59. YOU CAN MAKE IT WORK 60. BUT FIRST, LEVEL YOUR HEAD 61. MAGIC IS SOMETHING YOU MAKE 62. BEND, DON'T BREAK 63. I CAN'T DO THIS, BUT I'M DOING IT ANYWAY 64. YOU'LL GET BETTER AT THIS 65. MAKE A DONE LIST 66. YOU'RE OKAY 67. ENJOY IT 68. YOU DON'T HAVE TO BE THE SAME PERSON FOREVER 69. IT'S OKAY TO SHOUT FOR HELP 70. THERE'S NO SHAME IN STARTING OVER 71. GET OUT OF YOUR COMFORT ZONE 72. KEEP YOUR EARS AND EYES OPEN 73. NOBODY'S [EVEN CLOSE TO] PERFECT 74. NOBODY CARES ABOUT ALMOST 75. DON'T RUSH IT 76. NO BIG DEAL 77. CHOOSE FUN 78. KNOW WHAT YOU WANT 79. IT'S NOT TOO LATE 80. LISTEN WITH YOUR EARS, EYES AND HEARTS 81. DON'T TURN BACK WHEN IT'S HARD 82. YOU CAN CHANGE 83. YOU GET TO BE SCARED 84. YOU ARE SO YOUNG RIGHT NOW 85. GO BE A BEGINNER 86. IF IT'S BROKE, FIX IT 87. ONE THING AT A TIME 88. FIND YOUR FLOW 89. THERE IS NO RIGHT TIME 90. TOMORROW IS COMING 91. YOU GET TO SET THE BAR 92. NOBODY KNOWS WHAT THEY ARE DOING 93. FIND OUT WHY 94. SET SOME GOALS 95. YOU'VE GOT THIS 96. YOU ARE IN CHARGE HERE 97. DEFINE YOUR OWN SUCCESS 98. BE A WORK IN PROGRESS 99. NO HOARDING 100. THE ONLY THING YOU CAN CONTROL IS WHEN YOU START